

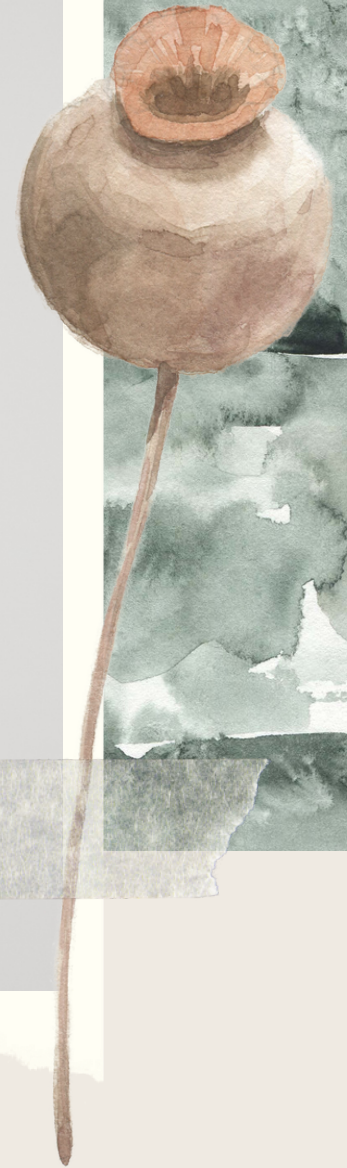


Creating a Community Altar

Celebrating joy and community

Go-Around

What song lyric best mirrors your life motto?





What is a Community Altar?



What is a Community Altar



In many cultures and traditions, altars are a space to honor those who have transitioned into ancestors, to leave offerings, such as sacred items, divination, flowers, and to center our spirits in our surroundings.





Writing Prompts

- What are some rituals you practice? What are some rituals you want to create?
- How do you move through your darkest moments? How do you embrace your light?
- Share what you know about your ancestors. How would you like them to support you?
- What are some dreams or intentions you have for yourself?
- How do you come back home to yourself? Describe it.

30 Minutes

Share at least one of
your prompts with the
group



Group Share

Are there any other things
you want to add to our altar?

- Songs
- Poems
- Images
- Names

Bio Break

10 Minutes



Creative Activity

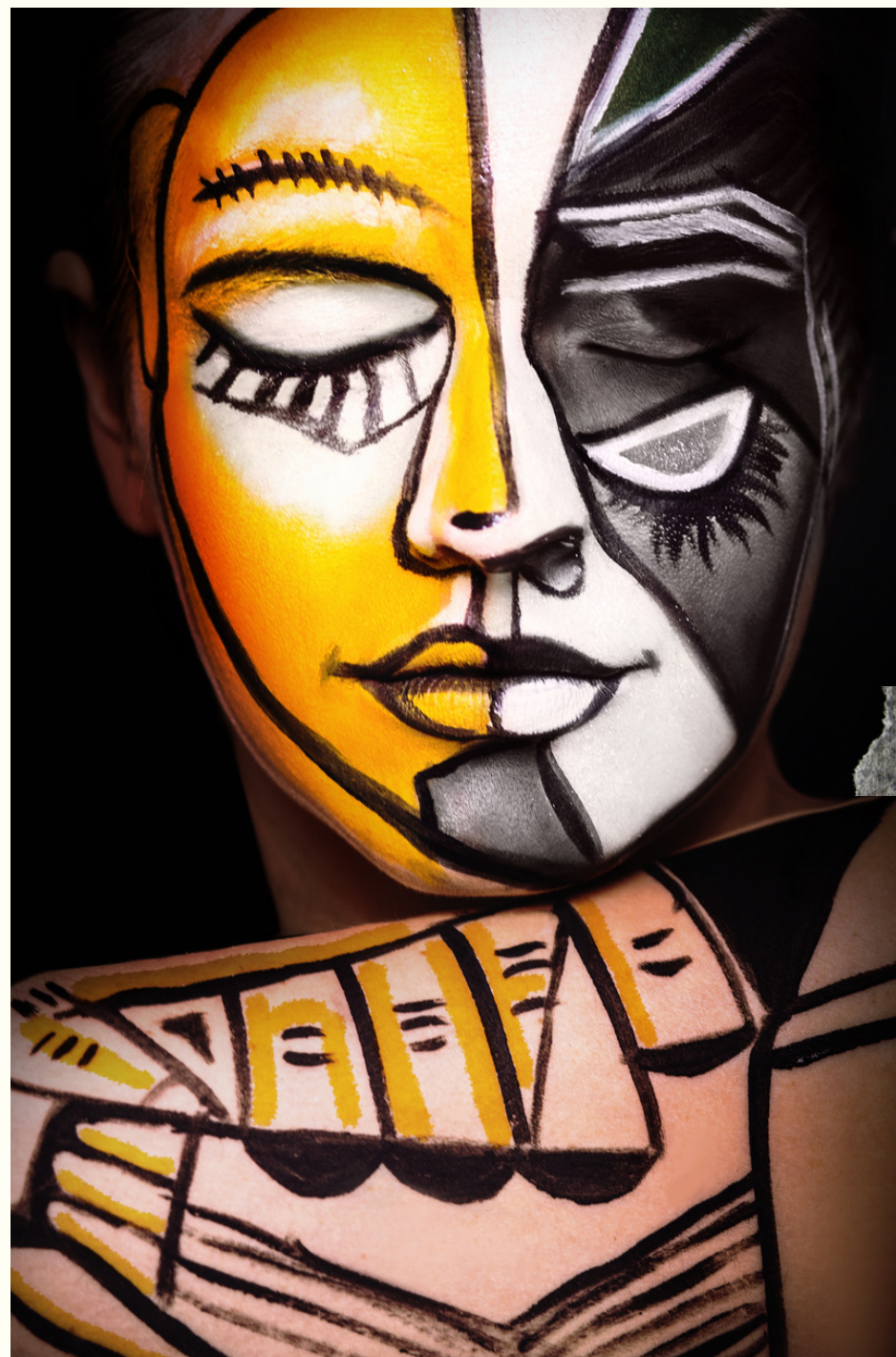
- **Joy Portraits**

- Use a selfie or photo of you expressing joy fully! Big smiles, high cheeks, teathy, etc. With that image, use Pixlr to crop yourself and add filters of your choosing.

- **Manifestas**

- First sentence: Who are you? To the world, to yourself.
- Second sentence: What are you here to do? Purpose.
- Third sentence: What are you made of? Your past, your passions, interests, culture..
- Fourth sentence: What do you want to be known as? What is your legacy?





Upload your
creation to
Padlet!

Let's add to our own virtual community altar!

Add songs, rituals you practice, images, or names you want uplift.

*Consider this a deliverable!



Close-Out

How will you take care
of yourself today?

How will you take care
of others today?