



The Unheard Movements



A rectangular piece of off-white paper with a torn top edge and a torn bottom edge, set against a dark brown background. The word "Mission" is printed in a bold, dark brown, sans-serif font in the center of the paper. A small, rectangular piece of light brown paper is attached to the top edge of the white paper, overlapping the dark brown background.

Mission

To spread awareness around social justice issues that do not receive enough attention or media coverage.

What is Awareness?

Awareness: the quality or state of being aware : knowledge and understanding that something is happening or exists (According to the Merriam-Webster Dictionary)



“Awareness is the greatest agent for **change**.”

-Eckhart Tolle



Why Is Awareness important?

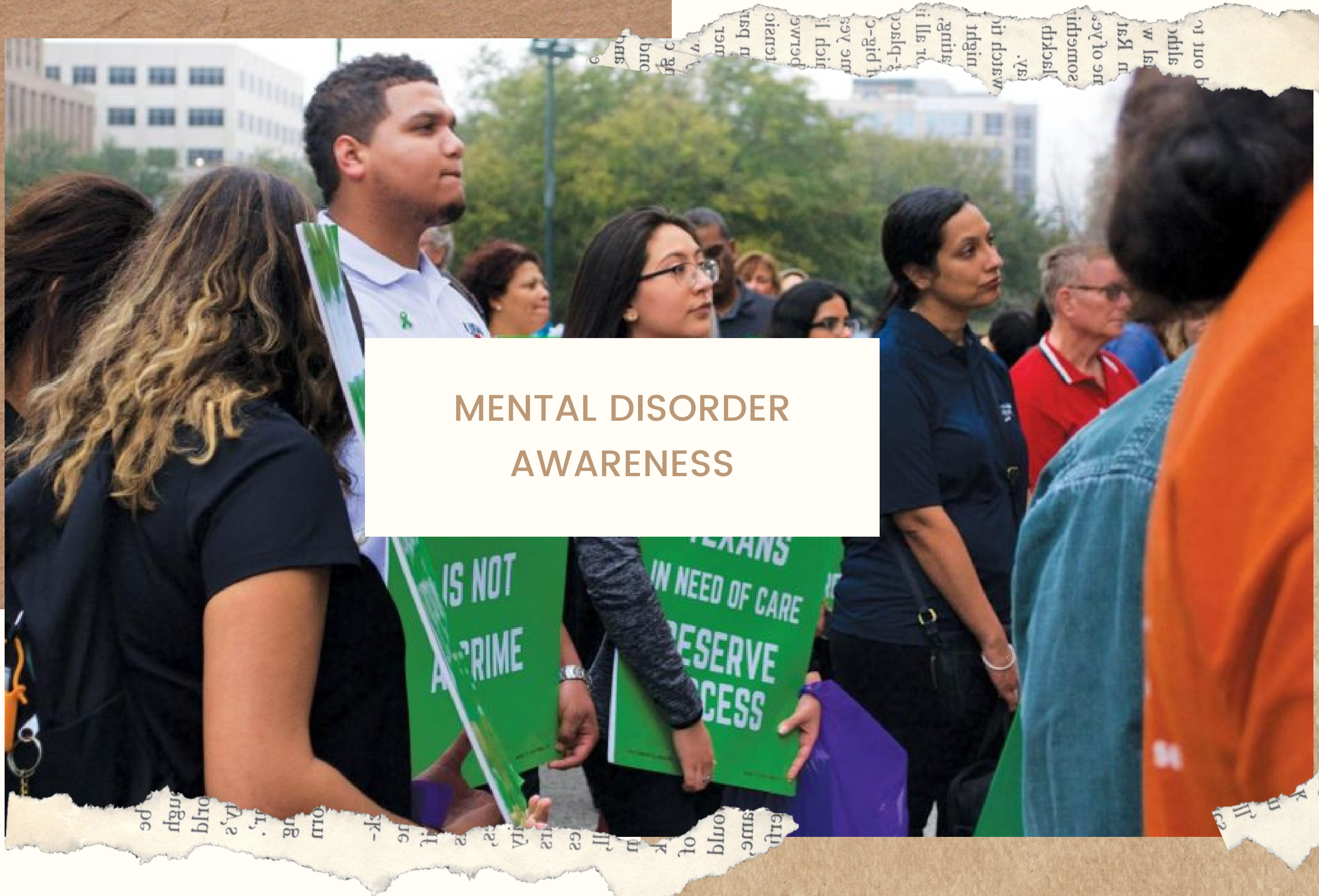
Having awareness can have several benefits, not only in society, but also for an individual.

Society:

- Helps people of minority groups to feel more accepted
- Developing fewer stereotypes about people who are "different"

Individual:

- Develop self-confidence when you realize that you are not alone



MENTAL DISORDER
AWARENESS

What is the Issue?

A mental disorder, or mental illness, is defined as a condition that affects an individual's feeling, mood, thinking, and behavior. Over the course of history, both common and uncommon mental disorders have been overlooked and mocked instead of understood.

There are seven main types of mental disorders which include mood disorders, anxiety disorders, personality disorders, psychotic disorders, eating disorders, trauma-related disorders, and substance abuse disorders.

Within these categories the most common and known mental disorders are anxiety, depression, bipolar disorder, anorexia, Post-Traumatic Stress Disorder, and alcohol/drug addiction. Even though the focus is on these disorders, they are still often mocked and used lightly.

One uncommon type of mental disorder is somatoform disorder. These disorders involve a person having a significant focus on physical symptoms, such as pain, weakness or shortness of breath, that results in major distress and/or problems functioning.

How Can I Help?

LEARN MORE

National Alliance on Mental
Illness:

<https://www.nami.org/home>

DONATE

National Alliance on Mental
Illness:

https://donate.nami.org/give/197406/#!/donation/checkout?utm_source=globalNav&utm_medium=website&utm_campaign=DonationTracking&c_src=WEBDG



FEMICIDES

What is the Issue?

A femicide, or feminicide, is a sex-based hate crime that is defined as the intentional killing of women and girls, just because they are female. According to the World Health Organization, most femicides are committed by the victims current or former partners.

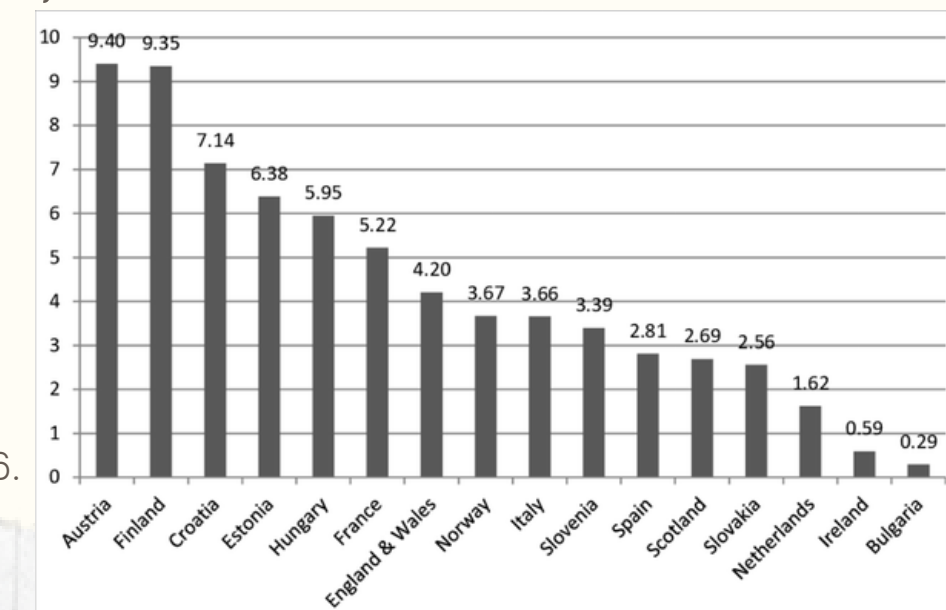
Non-intimate femicides, which are committed by someone without an intimate relationship with the victim, often takes place in Latin America. According to the Economic Commission for Latin America and the Caribbean (ECLAC), on average 12 women are murdered a day across the region. However, these statistics do not include femicides in Brazil.

NOTE: Though most of the data is from Latin America, and Caribbean nations, femicides take place all over the world, including in the U.S.



103 Femicides took place in Mexico, July 2020..

Femicides in Europe, 2006.



How Can I Help?

LEARN MORE

[Twitter Thread about Femicide in Mexico:](#)

<https://twitter.com/tpwkmich/status/1290055089751601152>

[World Health Organization Report, 2012:](#)

https://apps.who.int/iris/bitstream/handle/10665/77421/WHO_RHR_12.38_eng.pdf?sequence=1

PETITIONS

[Justice for Karla and Alondra:](#)

<https://www.amnesty.org/en/get-involved/take-action/ni-una-menos/>

[Save the Children:](#)

<https://app.savethechildren.mx/feminicidios/stc/especiales/2017/feminicidios-en-mexico/index.html>

What is The Issue?

Currently in the United States, there are around 64,000 to 75,000 missing Black women and girls, which is 10% of the estimated 613,000 total missing person cases reported last year. However, Black women only make up 7% of the country.

These numbers are largely an affect of "missing white women syndrome", a media term that acknowledges that the missing person reports that make it into media are largely white and female. Often, black women and girls whose cases are reported are labeled as "runaways", causing their cases to be neglected.



How Can I Help?

LEARN MORE

Article about The Crisis:
<https://womensmediacenter.com/news-features/the-urgent-crisis-of-missing-black-women-and-girls>

PETITIONS

F.B.I to investigate the 75,000 missing black women & girls:
<https://www.change.org/p/federal-bureau-of-investigation-f-b-i-to-investigate-the-75-000-missing-black-women-girls>

MISSING PERSONS

A list of Missing Black People:
<http://www.blackandmissinginc.com/cdad/index.cfm>

DONATE

Black & Missing, Inc.:
<http://www.blackandmissinginc.com/cdad/donate.htm>

REMEMBER: BLM Is Not A Trend

SIGN PETITIONS

Visit for a List of
Petitions: <https://blacklivesmatter.s.carrd.co/#petitions>

HAVE A CONVO

Have a meaningful conversation with someone about the BLM movement. This could be a peer, teacher, mentor, family, member, friend, or even a stranger

DONATE!

Visit to Donate to BLM:
https://secure.actblue.com/donate/ms_blm_homepage_2019

PROTEST

Visit for NJ Protests:
<https://jerseyblacklivesmatter.carrd.co/#njprotests>
Visit for NYC Protests:
[@justiceforgeorgenyc](#) on Instagram